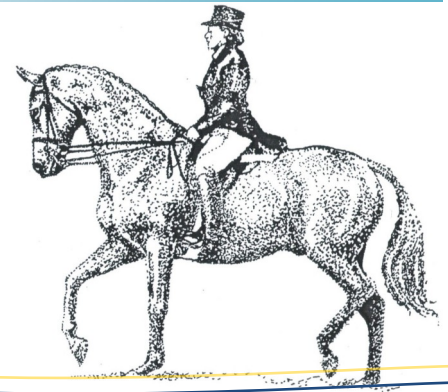




NAGS NEWSLETTER

The official organ of Northcoast Active-riders Group Inc. Nags does not accept any responsibility for the accuracy of any articles or advertisements in this newsletter. The articles and views expressed here do not reflect the views or policies of Nags.

MONTHLY NEWSLETTER. PRINT
POST PUBLICATION NO.
PP47615/0004



Presidents Report

At the February meeting we finally held the AGM and all Office Bearers are listed in this newsletter.

There were some changes made to the end of year awards and these will have a running total 'leader board' on the website so riders can follow their own progress.

We will again this year need loads of help from our volunteers to run the Social and Official Days. Please don't wait to be asked – volunteer – ring Lisa Biggs and Offer to pencil for your favourite class, you do get the 'best seat in the house', and get to hear first-hand what the judges are looking for.

Lisa is happy to guide you through the process if you have never done it before and it really is very easy. Dressage Competitions need a large manpower to run and without volunteers we need to hire people and that means increased entry fees.

We offer very cheap entry to volunteers and will continue to increase the entries for non volunteers. If you are unable to help on the day maybe try and bring a friend who can.

2010 will see the Nags group host a Two star, A One Star, a large Official / Associate competition, an Associate Championship and 9 Social days PLUS an enormous array of Clinics with a range of different Instructors.

We will also host this year a Junior Squad offering Competition training for the younger riders – this will have a selection process that involves 'the more you put in the more you get back' so if you are keen to be involved read the above request for volunteers carefully and see what you can do for your club.

Everybody is welcome at our Monthly meetings so come along and get involved.

Madeline

2010 Nags Committee:

President
Vice President
Secretary
Treasurer
Assistant Treasurer
Membership Secretary
Newsletter
Lea Bierman
Louise Gardiner
Julia Spann
Dorry Hoffman
Lisa Biggs
Alison Burke

Madeline Home
Clem Kelly
Anja Drumm
Jodie Johnson
Elena Taranto
Elena Taranto
Jayde Bronson

~ president@nags.asn.au
~ vice-president@nags.asn.au
~ secretary@nags.asn.au
~ treasurer@nags.asn.au

~ membership@nags.asn.au
~ editor@nags.asn.au

Newsletter Advertising

Don't forget that advertising space is available for our members to utilise.

Rates are as follows:
Classifieds: \$10.00 ~ 50 word max
Quarter Page: \$16.00
Half Page: \$30.00
Full Page: \$50.00

Contributions

Contributions are welcome and encouraged! If you have an interesting story, congratulations, announcement or even a photo you'd like to share, please email the editor on editor@nags.asn.au

Inside this issue:

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NORTHCOAST ACTIVE-RIDERS GROUP
PO BOX 656
NAMBOUR QLD
4560

Official Dressage Report

Well here we are beginning our new years for competition, Officials as well as Social Days (Social days are associate days). Our first Official day will be our One Star event of 18th April which will be Preliminary to Grand Prix and Pony Dressage. We will need our usual team of volunteers, so all members who compete at Social Days come along and pencil for the Judges or run for the scorers. It is amazing how much one can learn from observing a these days.

The program should be in the next Newsletter and in all websites. If you can help in any way please contact Madeline or myself. Please don't wait to be asked, PLEASE volunteer.

Happy riding in 2010

Clem Kelly

It is with much pleasure that the Nags Group announces its two new Honorary Members for 2010
David Manton and Gary LaBudda

David Manton and Gary La Budda both joined Nags as Family Members with their daughters. Both of their daughters have now grown up and become International Jet setters but the Fathers have remained with the Club and assist the group at almost every event.

They join an elite group of The Nags Group Honorary members who have made this club what it is today with their generous volunteering assistance. Chances are if you have ever enjoyed one of the lovely arenas at a Nags event it was undoubtedly graded to perfection by Gary La Budda and watered and set up by David Manton.

The wonderful 'Men Of Nags' team, which includes our two valiant marshalls 'The Peters' (Woosley and Varley- already Honorary members) are without a doubt the clubs backbone, without whom, the group would struggle to run events it does.

The Nags Group thank both of them and to all of our special people who make up our Honorary and Life Members.

Madeline

Thank You

EXPLANATORY NOTES FOR 2009 DRESSAGE TESTS FOR JUDGES AND RIDERS

PRELIMINARY/NOVICE/ELEMENTARY

Movement: Free Walk

Execution: Refer to page 42 & 249 in the FEI Handbook
Refer to 7.3.4 in the EA Rule Book - 2008

- The free walk is a pace of relaxation in which the horse is allowed complete freedom to lower and stretch out the head and neck
- The horse's strides and its frame are lengthened
- The free walk is executed on a long rein – maintaining contact with the poll still under control
- Stretching over the back and forward/downward with the head and neck is most important in this movement

Therefore, the horse should be very relaxed, loosening his back muscles and going forwards. He should reach out with his nose, lowering his head and as he does so, he should be invited "to chew the reins out of the rider's hands". At the free walk the reins should not be totally abandoned and held at the buckle. Rather, they should be stretched to the utmost still held by the horse on light contact in his new stretched position.

NOVICE LEVEL

2B

Movement 3: Working trot - D-R Leg yield right

Movement 16: Working trot – D-S Leg yield left

2C

Movement 4: Working trot – V-I Leg yield right

Movement 6: Working trot – P-I Leg yield left

2D

Movement 4: Working trot – X-M Leg yield right

Movement 7: Working trot – X-H Leg yield left

Execution: Refer to pages 122 - 128 in the FEI Handbook
Refer to 7.11.1 in the EA Rule Book - 2008

- The horse is almost straight except for a slight flexion at the poll away from the direction in which it is moving
- The rider should just be able to see the eyebrow and nostril on the inside.
- The inside legs pass and cross in front of the outside legs



ELEMENTARY LEVEL

3C

Movement 13: Shorten the stride and half turn on the haunches left

Movement 14: Shorten the stride and half turn on the haunches right

Execution: Refer to page 160-161 in the FEI Handbook
Refer to 7.13 in the EA Rule Book - 2008

- At this level the turn can be executed on a radius of approximately 0.5m
- The horse does not halt before or after the turn
- The horse is slightly bent in the direction in which it is turning remaining 'on the bit'

3D

Movement 5: Collected trot – B-M - Renvers right

Movement 9: Collected trot – E-H - Renvers left

Execution: Refer to pages 143-144 in the FEI Handbook
Refer to 7.12.3 in the EA Rule Book – 2008

- This is an inverse movement in relation to the travers
- The hindquarters remain on the track while the forehand is moved inward
- To finish the renvers the forehand is aligned with the quarters on the track
- The horse is slightly bent around the inside leg of the rider
- The horse's outside legs pass and cross in front of the inside legs
- The horse is bent in the direction in which it is moving

MEDIUM LEVEL

4A

Movement 9: Shorten the stride and half turn on the haunches left

Movement 10: Shorten the stride and half turn on the haunches right

4B

Movement 10: Shorten the stride and half turn on the haunches right

Movement 11: Shorten the stride and half turn on the haunches left

4C

Movement 13: Shorten the stride and half turn on the haunches left

Movement 14: Shorten the stride and half turn on the haunches right

Execution: Refer to page 160-161 in the FEI Handbook

Refer to 7.13 in the EA Rule Book - 2008

- At this level the turn can be executed on a radius of approximately 0.5m radius
- The horse does not halt before or after the turn
- The horse is slightly bent in the direction in which it is turning remaining 'on the bit'



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Just get the 2 sections out and you're ready to go

Position near the float and unfold - easy as 1-2-3-4-5

Easily secured - just drop in the pin

Use it on the side or the back of the float - we supply 3 sets of brackets so you can choose the position depending on available space or shade. The rear attachment can be very useful if you have to get your horse out for a spell or in an emergency when travelling.

3 points of entry/exit to choose from which can be a good thing if you are in a tight space.

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Contact - Gary LaBudda
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For further information, please contact Ingrid McAllister on 0412 733 511

Maroochy Showgrounds at Nambour

Cnr of Coronation Drive and Bli Bli Road Nambour

- Date:** 7th March 2010
- Close of entries:** Postal: 24h February 2010, www.nominate.com.au entries 26th February 2010
- Entries:** www.nominate.com.au or by mail **NO LATE ENTRIES**
- Send to:** Dorry Hofman 79 Mountain Vista Drive Glass House Mountains 4518
- Draw:** www.nags.asn.au
- Enquiries:** Dorry Hofman Ph 0423417495
- Cost:** \$20 per class (\$5 for Volunteers), \$10 per stable, plus \$20 day insurance levy for nonmembers of Nags OR the EFA.
- Payments:** Cheque or Direct Debit for non www.nominate.com.au entries.
Volunteers Package: \$21.00 for three classes, stable and levy - Taking this option means you **MUST** help out on the day with one of the following ~ Judging, Writing, Scoring, Set up. Volunteer activities must be signed off by convenor - if you were not signed off as having helped out, you will be charged the full amount.
- Prizes:** Ribbons to 7th in each division.
- Classes:** Note: All Tests (except the Prep) are now the NEW EA 2009 Tests. These tests can be downloaded from the EA website and there is a link on the Nags website under 'Important Information' then click 'Dressage Tests'.
- | | | |
|-------------------|------------------|-------------------|
| 1. Prep 1 | 2. Prep 2 | 3. Preliminary 1A |
| 4. Preliminary 1B | 5. Novice 2A | 6. Novice 2B |
| 7. Elementary 3A | 8. Elementary 3B | 9. Medium 4A |
| 10. Medium 4B | 11. Advanced 5A | 12. Advanced 5B |
13. Non-judged ~ designed for New or Young horses as a familiarisation option - you will get 10 min in the arena - most likely during Lunch Break.
- Class divisions:** Ages are based upon 1st January 2010 and apply for the calendar year. The default category is 'A' Open, this can not be changed on the day
- A Open 22+yrs B Intermediate 14-21 yrs C Junior Under 14yrs**

The EA Release and Waiver of Liability Assumption of Risk and Indemnity Agreement is required to be acknowledged only once for the 2009 period and is an integral part of the membership process. Neither the Northcoast Active-riders Group Inc organising committee nor the EA accept any liability for any accident, damage, or illness to horses, owners, riders, ground spectators or any other person or property whatsoever.

March Social Training Day ~ Entry Form

Mail to: Dory Hofman, 79 Mountain Vista Drive Glass House Mountains 4518

Name: _____ (Only 1 rider per form please)
 Address: _____
 Email: _____ Phone: _____

| | |
|--|--|
| Horse 1 Name: _____ | Horse 2 Name: _____ |
| Class Division (A,B or C): _____ | Class Division (A,B or C): _____ |
| Tick if riding a pony <input type="checkbox"/> | Tick if riding a pony <input type="checkbox"/> |
| Classes entered (3 max) _____ | Classes entered (3 max) _____ |

I wish to take _____ Volunteers Package/s @ \$21.00 per horse

| | |
|---|---|
| Total Entry | \$ _____ |
| Class Entry Fees (non-volunteers) | \$ _____ |
| I require _____ stable/s @ \$10.00 each | \$ _____ |
| Development Levy | \$ 2.00 (not applicable for volunteers) |
| Day Insurance (NON Nags or EFA members) \$10.00 per rider | \$ _____ |
| Total Fees: | \$ _____ |

Name: _____ Date: ____/____/2010 Signature _____

Please support our generous Sponsors, as they support Your Club!



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A detailed black and white illustration of a horse's head, facing left, positioned to the right of the text.

SUNSHINE COAST BEVERAGES

Important Dates for 2010

February 2010

- ◆ 3rd ~ Nags Monthly Meeting in Scout Hall. All welcome with a 7:30pm start.

March 2010

- ◆ 3rd ~ Nags Monthly Meeting in the scout hall all welcome with a 7:30pm start
- ◆ 7th ~ Social Dressage day.
- ◆ 28th ~ Entries CLOSE for April Official *
- ◆ 31st ~ Futurity entries CLOSE

April 2010

- ◆ 4th ~ Social Dressage day
- ◆ 7th ~ Nags Monthly Meeting in the Scout Hall. All welcome with a 7:30pm start
- ◆ 18th ~ April Official * Competition Prelim to GP plus Pony Dressage. Prelim to Advanced
- ◆ 23rd ~ Entries CLOSE for Associate Championships

May 2010

- ◆ 5th ~ Nags Monthly Meeting in the Scout Hall. All welcome with a 7:30pm start
- ◆ 16th ~ Associate Dressage Championships. Prelim to Advanced

June 2010

- ◆ 2nd ~ Nags Monthly Meeting in the Scout Hall. All welcome with a 7:30pm start
- ◆ 20th ~ Social Dressage Day
- ◆ 27th ~ Entries CLOSE for July Associate/Official

July 2010

- ◆ 7th ~ Nags Monthly Meeting in the Scout Hall. All welcome with a 7:30pm start
- ◆ 18th ~ Associate/Official Competition. Prelim to Advanced.

August 2010

- ◆ 4th ~ Nags Monthly Meeting in the Scout Hall. All welcome with a 7:30pm start
- ◆ 22nd ~ Social Dressage Day
- ◆ 22nd ~ Entries CLOSE for Sept Championships

September 2010

- ◆ 1st ~ Nags Monthly Meeting in the Scout Hall. All welcome with a 7:30pm start
- ◆ 24-26th ~ 2010 Sunshine Coast Dressage Championships ** Prelim to GP - Pony Dressage - YH - Freestyles

October 2010

- ◆ 6th ~ Nags Monthly Meeting in the Scout Hall. All welcome with a 7:30pm start
- ◆ 24th ~ Social Dressage Day

November 2010

- ◆ 3rd ~ Nags Monthly Meeting in the Scout Hall. All welcome with a 7:30pm start
- ◆ 21st ~ Social Dressage Day

December 2010

- ◆ 1st ~ Nags AGM



Northcoast Active-riders Group Inc Presents

OFFICIAL DRESSAGE PROGRAMME

Sunday 18th April 2010

- Venue:** Showgrounds in Nambour
- Close of entries:** Thursday 25th March 2010 to PO Box 656 Nambour 4560
- Levels:** Preliminary to Grand Prix, plus Pony Dressage (All tests are the NEW EA 2009 Tests)
- Enquiries:** Clem Kelly: 5449 7293, Madeline Horne: 0408 711 736
- Costs:** **\$25.00 per class (NAGs Inc concessions \$20 per class)**
 \$2.00 per rider **compulsory** ground levy
 \$20.00 stable fee per horse per day, NAGs Members \$15.00
 (Large stables will only be allocated to working NAG's committee members, limited yards available first in basis)
 \$15.00 per day camping fee
 \$3.00 postage for return of draw (email recipients exempt)

| | | | | |
|-----------------|---------------------------|-----------|---------------------------|-----------|
| CLASSES: | 1. Preliminary | 1B | 6. Prix St Georges | |
| | 2. Novice | 2B | 7. Intermediate 1 | |
| | 3. Elementary | 3B | 8. Intermediate 2 | |
| | 4. Medium | 4A | 9. Grand Prix | |
| | 5. Advanced | 5A | | |
| | 10. PD Preliminary | 1B | 13. PD Medium | 4A |
| | 11. PD Novice | 2B | 14. PD Advanced | 5A |
| | 12. PD Elementary | 3B | | |

- Event Documents:** Available from <http://www.dressageit.com> or <http://www.nags.asn.au> or contact Clem or Madeline.
 Only correct entries received on or before the closing date will be accepted. Please use official/associate entry form and Non NAGs members include a waiver. **NO LATE ENTRIES ACCEPTED.**

- Post To:** Northcoast Active-riders Group inc.
 PO Box 656 Nambour 4560
 Or online at **www.nominate.com.au**

This event will be strictly run under EFA rules. Neither NAGs Inc nor the EQ will accept an liability for accident, injury or illness to horses, owners, riders or spectators. Other conditions apply.

As this is an Official event stickers must be used on the entry nomination form.

NORTHCOAST ACTIVE RIDERS GROUP INC

Presents the

2010 Futurities

To be held at the

2010 Sunshine Coast Dressage Championships

****September 24 to 26, 2010**

Conditions of entry: Novice level ~ Open to any horse with not greater than 5 grading points prior to 31st March, 2010.

Medium, Prix St Georges and Grand Prix ~ Open to horses not having competed at that level in Official competition prior to 31st March, 2010.

The Grand Prix will only be held with at least 5 entries.

Riders must be a member of an affiliated Club or the EA (for Insurance purposes) Your horse does not need to be EA registered for the Novice Futurity.

Cost: \$30.00 per class (inc GST) payable with entry by 31st March 2010.

Please make cheques payable to Northcoast Active-riders Group.

Post to: Northcoast Active-riders Group inc PO Box 656 NAMBOUR 4560

Close of entry: 31st March 2010

Enquiries: Clem Kelly Phone 5449 7293

***** Note: You must confirm your entry by also returning the Entry form for the Sunshine Coast Dressage Championships 2010 when it becomes available later in the year. If you don't confirm, you will NOT be placed on the draw. Thank you *****

Riders Name: _____

Postal Address: _____

Telephone No: _____

Name of horse 1 (if known) _____

Nominated class (circle) Novice Medium Prix St Georges Grand Prix ***

Name of horse 2 (if known) _____

Nominated class (circle) Novice Medium Prix St Georges Grand Prix ***

Name of horse 3 (if known) _____

Nominated class (circle) Novice Medium Prix St Georges Grand Prix ***

Entry fee enclosed \$ _____

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